

Active Seniors News

**January — June
2017**



The Village of Howard's Leisure Services Department is offering a variety of programs just for the older adults in the community (typically ages 55+). Join us for the great programs listed in this newsletter, and look for even more programs in the future. If you have access to the internet, you can view the most current program information on our webpage at www.villageofhoward.com.

If you are interested in certain new programs please notify Jon Rupno at 434-4640 or email jrupno@villageofhoward.com.

Bingo

Come out and play bingo with members of your community! All equipment is provided. FREE refreshments and snacks are available, too. All money collected is returned as winnings. Typical prize is \$2-\$10/game.

No one under 18 years old admitted.

Location: Village Hall Community Center, 2456 Glendale Avenue
(back entrance of building)

Fee: 5 for \$2 or \$0.50/card (no limits)

Schedule: 1st and 3rd Thursday of the Month
1:00-3:00 pm

January 5 and 19

February 2 and 16

March 2 and 16

April 6 and 20

May 4 and 18

June 1 and 15



Senior Sheepshead

Schedule: 2nd and 4th Monday of every month

January 9 and 23 February 13 and 23

March 13 and 27 April 10 and 24

May 8 and 22 June 12 and 26

Time: 9-11 am

Place: Village Hall Community Center

Come play Sheepshead-the game that trumps all others! No experience is needed as there will be others to show you how to play the game.

Come enjoy your time playing cards and the company of other local seniors.

Best part of it all is— it is **FREE**.



Senior Movie (Admission: FREE)

Join us for our featured presentation on a LARGE movie-like reen. The first 12 people in attendance have the option of sitting on comfy theatre-like chairs! Popcorn is just \$0.25/bag and beverages are as little as \$.40/can.

Bring your friends and neighbors!

Location: Village Hall Board Room, 2456 Glendale Avenue (back entrance of building)

Schedule: 2nd Friday of the Month 1:30 pm

DATES

January 13 Wild Oats '16 Action/Comedy

Jessica Lange

February 10 My Big Fat Greek Wedding 2 '16 Comedy
Nia Vardalos

March 10 Genius '16 Drama
Colin Firth

April 14 The Legend of Tarzan '16 Action
Alexander Skarsgard

May 12 Ghostbusters '16 Action/Comedy
Melissa McCarthy

June 9 The Other Sister '99 Comedy/Drama
Diane Keaton



Line Dancing **Free**

No pre-registration required. (All ages welcome) Join us for this upbeat, FREE Program!

January 17 - December

Day: Tuesdays Time: 10:00-11:00 am

Location: Village Hall Community Center

Gentle Yoga

Ease your way into yoga postures that focus on technique, flexibility, breathing and relaxation to reduce overall stress; perfect for the beginner or expectant mother. Instructor Amy Kluska.

Schedule: Tuesdays 6:00 – 7:00 pm

Location: Village Hall Activity Room, 2456 Glendale Avenue

Class	Dates	Age/Level
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3400	Jan 10 - Feb 14	16 and up
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3401*	Feb 28 - April 11	16 and up
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Fee: \$35 Howard Resident, \$50 Non -Resident

Min/Max: 6/20 **Deadline:** 1/6, 2/24 *No class 3/21

Valentine's Day Dinner and Dance

Join us for a social function just for older adults! Whether you choose to dance the night away, just listen to the wonderful music or socialize with friends and other members of your community, you're sure to have a great time. A family style meal will include broasted chicken, tenderloin tips, mashed potatoes and gravy, dressing, coleslaw, fresh vegetables, rolls, assorted bars, coffee and milk. A cash bar will also be available. For an accurate food count please register no later than February 6, 2017. Howard or Suamico residency not required so bring your friends!

Tuesday, February 14

5:15 Check-In

6:00 Dinner

Dancing to follow until 9:00 pm

The Rock Garden, 1951 Bond Street, Howard, WI 54313

Class	Date	Age/Level
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6441	February 14	55 and better
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Fee: \$17 per person

Min/Max: 50/200 **Deadline:** 2/6

Register at Howard Village Hall (2456 Glendale Avenue, Howard, WI 54313).

Trips (All Ages)

Wildwood Wildlife Center & Nature Center

Wildwood Wildlife Park and Nature Center team mission is promoting life-long learning by enriching minds, fostering environmental respect, while helping prepare our visitors for our conservation future. We strive to provide positive experiences that last a lifetime with every visit no matter your age. Come see why generations of families remember us when they visit Minocqua, WI and make a few lasting memories of your own. Wildwood is home to more than 1,000 animals including endangered and threatened species. Just some of the many animals you'll encounter during your visit to the zoo including: giraffe, deer, mountain lion, tiger, emu, lemur, tortoise, zebra, marmoset, tamarin, hyena, kangaroo, camel, bobcat, serval, sloth, binturong, capybara, lynx, fox, badger, coatimundi, leopard, and many more amazing creatures.

Saturday, May 13 7:00 am - 5:30 pm

Fee: \$53 Adults (11 & over) \$48 Children (11 - 2) \$0 Children under 2
(Price includes transportation only. Under 18 must register with an adult.

Ages 2 and under must ride on adult lap on bus. Plan to arrive at pick-up location 10 minutes prior to departure. Sorry no refunds on trips.)

Min/Max: 5/9 Deadline: 4/28

Pick-up/Drop off: Sams Club Parking Lot (2470 West Mason St.)

La Crosse Queen Cruise & Granddad Bluff

Our first stop will be lunch on your own at the "Historic Piggy's Restaurant", offering a wide range of menu options that will have you craving another visit to La Crosse! After lunch we will board the "La Crosse Queen", a modern-day replica of the grand river boats that plied the Mississippi River in the late 19th Century. We will have a 1 1/2 hour narrated cruise on this authentic Mississippi River paddlewheel river boat. Afterwards we will take a scenic trip and stop to "Granddad Bluff" voted "the most scenic view in the state". The 600-ft high bluff overlooks the city of La Crosse. The view of the Mississippi River Valley includes the three states of Wisconsin, Minnesota and Iowa. Wisconsin Trails.

Saturday, June 10 7:00 am - 8:30 pm

Fee: \$60

(Price includes transportation only. Lunch not included in fee.

Under 18 must register with an adult. Plan to arrive at pick-up location 10 minutes prior to departure. Sorry no refunds on trips.)

Min/Max: 5/9 Deadline: 5/26

Pick-up/Drop off: Sam's Club Parking Lot (2470 West Mason St.)

VILLAGE NEWS

Check out Howard's own TV channel

Last year the Village of Howard and a few other local municipalities joined forces with the Brown County NEWWEYE program to customize Public, Education, and Government (PEG) television for our residents. Residents who have Time Warner Cable can tune into Howard's very own Channel 4 to view a blend of local, county, and state information, as well as a variety of educational programs, and classic shows and movies. Residents who do not have Time Warner or anyone not living in Howard who wish to view the programming can stream it online at www.bcneweye.org.

A link to the NEWWEYE site also is available on the Village of Howard website at www.villageofhoward.org.

MARK YOUR CALENDAR!

Nov.1, 2016 to March 31,2017

No overnight Street Parking 2 a.m. to 6 a.m.

Jan. 3, 2017 to Jan.13, 2017

Curbside Christmas tree pick-up

Feb. 14,2017

Senior Valentines Dinner & Dance

April 4,2017

Spring Election

May 5-6,2017

Village Wide Rummage Sale

May 18 to Sept.28,2017

Howard Farmers Market

June 30, 2017

Community Fireworks Show

Other Classes or Festivities you may be interested in or if you have some ideas let us know.

YOGA

ESSENTIAL OILS

ZUMBA

Senior Newsletter

Sign up today to be on the Senior Newsletter mailing list and receive updates through out the year on senior activities. Call Village Hall at 434-4640 to add your name to our mailing list.

Visit www.villageofhoward.com for more information.

